



SUTTER-YUBA MENTAL HEALTH SERVICES

1965 Live Oak Boulevard
P. O. Box 1520
Yuba City, CA 95992



Tom Sherry, MFT
Assistant Director of Human Services
Director of Mental Health

Administration Services
(530) 822-7200
FAX (530) 822-7108

STAFF REPORT

DATE: December 15, 2009

TO: Sutter County Board of Supervisors Health Committee

FROM: Tom Sherry, MFT, Assistant Director of Human Services for Mental Health

SUBJECT: Approval of the Mental Health Services Act Prevention and Early Intervention 2009-10 Annual Update to the Three Year Program and Expenditure Plan

Recommendation: It is the recommendation of the Assistant Director of Human Services for Mental Health that the Board of Supervisors approve the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) 2009-10 Annual Update to the Three Year Program and Expenditure Plan. A copy of the Plan is attached and also available for review in the Board Clerk's office. This recommendation is supported by the Director of Human Services.

Background & Discussion: The Mental Health Services Act was a voter initiative passed in November of 2004. Under this initiative, individuals with incomes in excess of one million dollars per year are levied an additional 1% income tax to pay for expanded mental health services statewide. In order to access the PEI funds for fiscal year 2009-10, Sutter-Yuba Mental Health Services must submit an Annual Update to the Three Year Program and Expenditure Plan. This program and expenditure plan must be updated annually to allow for changes in programming that may become necessary. Programs contained within this proposal may be added or discontinued over time, with Department of Mental Health approval, depending upon costs, available resources and the changing needs of the community.

The original five concepts are:
Community Prevention Team
Expand Mentoring Program
Strengthening Families
Recreational Opportunities
First Onset Team

We have consolidated these concepts into two programs which are the First Onset program and the Community Prevention program which includes the Mentoring Program, Strengthening Families, and Recreational Opportunities.

Pursuant to Section 5847(a) through (d) of the Welfare and Institutions Code and other applicable laws, the Mental Health Board of Sutter-Yuba Mental Health is required to hold a public hearing to receive comments regarding the MHSA PEI Annual Update to the Three Year Program and Expenditure Plan. After a 30 day review period which will begin on December 14, 2009, the Sutter-Yuba Mental Health Board will hold a public hearing on January 14, 2010 to consider comments from the public on the Annual Update to the Three Year Program and Expenditure Plan. All substantive recommendations will be considered for revision of the plan

Past Consideration of the Board: The Board approved the MHSA PEI Proposed Three Year Program and Expenditure Plan Fiscal Year 2008-09 at their May 19, 2009 meeting

Alternatives: None recommended

Other Department or Agency Involvement: There are no other County departments or agencies required to take action on this plan.

Action Following Approval: The Sutter-Yuba Mental Health Board will hold a public hearing on January 14, 2010 to consider comments from the public on the Annual Update to the Three Year Program and Expenditure Plan and then the update will be submitted to the Mental Health Services Oversight and Accountability Commission for funding approval.

Fiscal Impact: The MHSA PEI Annual Update to the Three Year Program and Expenditure Plan consolidates 5 original concepts into 2 programs. The two new programs are Community Prevention Team and the First Onset Team. We are expecting \$1,272,600 in Fiscal Year 2009-10. Of this amount, \$721,104 will be used on personnel expenditures, \$389,227 will be used on operating and support costs, \$51,236 will be used on administrative costs, and \$111,033 will be designated for an operating reserve.

Attachments or Document Enclosures:

Mental Health Services Act Prevention and Early Intervention 2009-10 Annual Update to the Three Year Program and Expenditure Plan

EXHIBIT A

**COUNTY CERTIFICATION
MHSA FY 2009/10 ANNUAL UPDATE**

County Name: Sutter-Yuba Mental Health Services

County Mental Health Director	Project Lead
Name: Tom Sherry, MFT	Name: Patrick Larrigan
Telephone Number: (530) 822-7200	Telephone Number: (530) 822-7200
E-mail: tsherry@co.sutter.ca.us	E-mail: plarrigan@co.sutter.ca.us
Mailing Address: 1965 Live Oak Blvd. P.O. Box 1520 Yuba City, Ca., 95992	

I hereby certify that I am the official responsible for the administration of public community mental health services in and for said County and that the County has complied with all pertinent regulations, laws and statutes for this Annual Update. Mental Health Services Act funds are and will be used in compliance with Welfare and Institutions Code Section 5891 and California Code of Regulations (CCR), Title 9, Section 3410, Non-Supplant.

This Annual Update has been developed with the participation of stakeholders, in accordance with CCR, Title 9, Sections 3300, 3310(d) and 3315(a). The draft FY 09/10 Annual Update was circulated for 30 days to stakeholders for review and comment and a public hearing was held by the local mental health board or commission. All input has been considered with adjustments made, as appropriate.

All documents in the attached FY 2009/10 Annual Update are true and correct.

Signature

Date

Director of Mental Health

Title

Local Mental Health Director/Designee

EXHIBIT B

Description of Community Program Planning and Local Review Processes MHSA FY 2009/10 ANNUAL UPDATE

County Name: Sutter-Yuba Mental Health Services

Instructions: Utilizing the following format please provide a brief description of the Community Program Planning and Local Review Processes that were conducted as part of this Annual Update.

1. Briefly describe the Community Program Planning Process for development of the FY 2009/10 Annual Update. It shall include the methods for obtaining stakeholder input. (suggested length – one-half page)

The PEI Coordinator and SYMHS staff held community informational and educational meetings in both counties in centrally located easy to access locations. Each meeting stressed the importance of consumer and family participation in the PEI process. The high number of participants identifying themselves as consumer or family member (118 out of 551) demonstrates stakeholder involvement.

Both direct and indirect methods were utilized to contact the underserved communities. Work groups were held in such places as the Hmong Community Center and surveys were distributed at a variety of community locations. Distribution sites included community meetings in Sutter and Yuba counties, probation department, drug treatment facilities, provider sites, the Health Department, supported housing populations, and daily at mental health sites.

2. Identify the stakeholder entities involved in the Community Program Planning Process.

SYMH Children's Mental Health	Mental Health Advisory Board
SYMH Ethnic Services	Yuba County CPS
SYMH Drug and Alcohol	Harmony Health Clinic
SYMH Resource Services	Yuba County Probation
Sutter County Probation	Yuba County BOS
Sutter County K-12	Sutter County CPS
Parents of child consumers	SYMH PES
SYMH CSOC	SYMH Adult Services
FICS provider	Sutter County BOS
Domestic Violence Services provider	Yuba County CalWorks
Hmong American Association	Sutter County Employment Services
Yuba City Police Department	Yuba City Unified School District
Victor Services	Family members

EXHIBIT B

Consumers	Parent Partner
Peer Advisors	Family Intervention and Community Support
Sutter County Sheriff	Salvation Army
Parent disabled Adult	Sutter-Yuba Friday Night Live
Marysville Joint Unified School District	Sutter County Office of Education
Betterday Provider	Foster Parents Association
Options for Change	First Steps
Yuba County Department of Social Services	Yuba County APS
SYMh Ethnic Outreach Services	

3. Describe how the information provided by DMH and any additional information provided by the County regarding the implementation of the Community Services and Supports (CSS) component was shared with stakeholders.

n/a

4. Attach substantive comments received about the CSS implementation information and responses to those comments. Indicate if none received.

n/a

5. List the dates of the 30-day stakeholder review and public hearing. Attach substantive comments received during the stakeholder review and public hearing and responses to those comments. Indicate if none received.

To come

County Name

Sutter-Yuba Mental Health Services

Work Plan Title

First Onset Team

Population to Be Served

1. Individuals Experiencing Onset of Serious Psychiatric Illness
2. Children and Youth in Stressed Families
3. Children and Youth at Risk for School Failure
4. Children and Youth at Risk of or Experiencing Juvenile Justice Involvement
5. Underserved Cultural Populations

Work Plan Description

First Onset Team

Teen Screen – Voluntary school screening to identify youth who are at risk for suicide and potentially suffering from mental illness (CY/TAY). The Teen Screen Program works by creating partnerships with communities across the nation to implement local screening programs for youth.

Mental Health Consultation in Primary Care – Mental Health clinicians consult with pediatricians or other primary care providers to improve individual's access to quality mental health interventions by increasing providers capacity to offer effective mental health guidance and early intervention service. The First Onset Team and Mental Health will work directly with three local health clinics and private care physicians on early identification of mental illness and the appropriate interventions to implement.

Aggression Replacement Training (ART) – ART would aide in the early identification of mental illness and address stigma issues. Aggression Replacement Training® (ART®) is a multimodal psychoeducational intervention designed to alter the behavior of chronically aggressive adolescents and young children. The goal of ART® is to improve social skill competence, anger control, and moral reasoning.

Education/Training at community sites – topics would include stigma, suicide prevention, early identification of mental illness, and first onset signs and issues. Activities could occur at such sites as foster care independent living, Better Day, tribal health, schools, alcohol and drug programs, domestic violence intervention sites, homeless programs, and spiritual community.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

_____ Total

Number of Clients By Funding Category

_____ Full Service Partnerships

_____ System Development

_____ Outreach & Engagement

PREVENTION AND EARLY INTERVENTION

Annual Number to Be Served

_____ 150_ Total

Number of Clients By Type of Prevention

_____ 150_ Early Intervention

_____ Indicated/Selected

_____ Universal

County Name

Sutter-Yuba Mental Health Services

Work Plan Title

Community Prevention Team

Population to Be Served

1. Individuals Experiencing Onset of Serious Psychiatric Illness
2. Children and Youth in Stressed Families
3. Children and Youth at Risk for School Failure
4. Children and Youth at Risk of or Experiencing Juvenile Justice Involvement
5. Underserved Cultural Populations

Work Plan Description

1. Create an interagency, multidisciplinary team to work with target populations with Schools, Family Resource Centers (FRCs), Churches, etc. in each County. These venues are hereinafter referred to as Community Entities.
2. Team would consist of **Program Managers, Prevention Services Coordinator, Intervention Counselors, Mental Health Therapists, Resource Specialists, Psychiatrist, and law enforcement** – school resource officers and/or probation/PASS officers, Friday Night Live.
3. Staff from the Team will also be the trainer(s) for the EBPs that we will be making available to the community;
4. They will keep track of and disseminate information about resources available;
5. The Team will do community development to increase resources.
6. Develop Family Resource Centers in Sutter County.
7. Utilize Prevention Services Coordinator to market the available resources for prevention to the community.
8. Assist in the development of more programs for resilience building in schools, family resource centers, faith communities, little league and other sports programs – educate coaches, educate parents through schools
9. Develop a force of volunteers to provide practical help to families. To help resolve problems that stress families. Utilize students and senior citizens.
10. Develop a website for resource materials, or market the Network of Care website and include resources for prevention on it.
11. Assist in developing community resources/services for GLBT population and their parents/loved ones – such as PFLAG. Consider a partnership with Lambda Center in Sacramento to provide some support services in our local area.
12. They will provide support to those providing the EBPs, etc – reflective practice
13. The Substance Abuse Counselor will provide early intervention services to youth who are identified as Early Drug Users with trauma histories.

Expand Mentoring Program

1. Expand the capacity of Friday Night Live mentoring program. FNL matches High School age youth with Middle School age youth forming a relationship that helps both mentor and protégée achieve drug free positive lifestyles.
2. Bring Big Brothers/Big Sisters to the community. Big Brothers-Big Sisters of America (BBBSA) is a mentoring program that matches an adult volunteer, known as a Big Brother or Big Sister, to a child, known as a Little Brother or Little Sister, with the expectation that a caring and supportive relationship will develop. The most important component of the intervention is the match between volunteer and child.

Expand Strengthening Families

1. Expand Strengthening Families programs to priority populations who are not now receiving services (example – the Hmong community is extremely interested in this programming). This will be accomplished by training community partners in a variety of geographical locations and settings to provide this program to their families. Schools, churches, Family Resource Centers, Community Associations will be encouraged to dedicate their staff to be trained and to provide the program to their populations at their community locations and facilities. This would involve providing stipends to seven sites on an ongoing basis, and by providing one time training for 35 people at seven sites.

Support Recreational Opportunities

1. Create and support recreational opportunities in the community for youth from primary target populations. Participation in positive recreation opportunities fights stigma, builds self esteem, and enables individuals to “thrive not just survive”. Development of recreational opportunities will provide community involvement/interaction in the creation of a “wellness” positive community. This program would develop, maintain, and coordinate recreation scholarships for primary population youth in the community. These scholarships would cover the cost associated with participation in various community

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

Total

Number of Clients By Funding Category

Full Service Partnerships

System Development

Outreach & Engagement

PREVENTION AND EARLY INTERVENTION

Annual Number to Be Served

1850 Total

Number of Clients By Type of Prevention

Early Intervention

Indicated/Selected

Universal

**FY 2009/10 Mental Health Services Act
Summary Funding Request**

County: Sutter-Yuba Mental Health Services

Date: 12/9/2009

	MHSA Component				
	CSS	CFTN	WET	PEI	Inn
A. FY 2009/10 Planning Estimates					
1. Published Planning Estimate ^{av}				\$1,271,600	
2. Transfers ^{bv}					
3. Adjusted Planning Estimates	\$0	\$0	\$0	\$1,271,600	\$0
B. FY 2009/10 Funding Request					
1. Required Funding in FY 2009/10 ^{cv}				\$1,272,600	
2. Net Available Unspent Funds				\$0	
a. Unspent FY 2007/08 Funds ^{dv}				\$0	
b. Adjustment for FY 2008/09 ^{ev}				\$0	
c. Total Net Available Unspent Funds	\$0	\$0	\$0	\$0	\$0
3. Total FY 2009/10 Funding Request	\$0	\$0	\$0	\$1,272,600	\$0
C. Funding					
1. Unapproved FY 06/07 Planning Estimates					
2. Unapproved FY 07/08 Planning Estimates				\$1,000	
3. Unapproved FY 08/09 Planning Estimates				\$1,271,600	
4. Unapproved FY 09/10 Planning Estimates				\$0	
5. Total Funding ^{fv}	\$0	\$0	\$0	\$1,272,600	\$0

**FY 2009/10 Mental Health Services Act
Prevention and Early Intervention Funding Request**

County: Sutter-Yuba Mental Health Services

Date: 12/9/2009

PEI Work Plans			Estimated MHSA Funds by Type of Intervention				Estimated MHSA Funds by Age Group			
1.	1	Community Prevention Team	\$968,893				\$474,758	\$494,136		
2.	2	First Onset Team	\$141,438				\$77,791	\$53,746	\$8,486	\$1,414
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26.	Subtotal: Work Plans^{a/}		\$1,110,331	\$0	\$0	\$0	\$552,548	\$547,882	\$8,486	\$1,414
27.	Plus County Administration		\$51,236							
28.	Plus Optional 10% Operating Reserve		\$111,033							
31.	Total MHSA Funds Required for PEI		\$1,272,600							

a/ Majority of funds must be directed towards individuals under age 25—children, youth and their families and transition age youth . Percent of Funds directed towards those under 25 years=