

SUTTER-YUBA MENTAL HEALTH BOARD

Valley Oak Conference Rooms

1965 Live Oak Boulevard

Yuba City, CA 95991

(530) 822-7200

MINUTES

Thursday, January 5, 2012

5:30 p.m.

1. Call to Order

Chairperson David Markland called the meeting to order at 5:35 p.m., and he welcomed everyone including guest speaker, Maura Briseno, Psychiatric Emergency Services (PES) Supervisor.

2. Roll Call

Board Secretary Margery Hubbard called the roll and the following members were present:

Chairperson David Markland, Vice Chair Marc Myers, Board Secretary Margery Hubbard, Joginder S. Pardesi Cheema, Hannah M. Hogan, Nick Sohrakoff, and Dennis "Mike" Ayres. Board Member Jaclyn Bain arrived following roll call.

The following Board Members were absent: Alma Amaya, and Sutter County Supervisor Larry Montna.

The following Board Member was excused: Yuba County Supervisor Hal Stocker.

Also present was the Mental Health Director Brad Luz, Ph.D., and the Executive Secretary Nancy Fontinel.

3. Action Items:

- a. Approve November 3, 2011 Meeting Minutes: *Vice Chair Myers moved to approve the meeting minutes of November 3, 2011 as corrected, namely to change on Page 2, Item 5, Paragraph 1, the word including to included (correction underlined). The motion was seconded by Board Member Pardesi and carried by a unanimous voice vote of the Members present.*

4. Program Presentation – Psychiatric Emergency Services (PES) Program Update – Maura Briseno, MFT, PES Supervisor

The Chair introduced the PES Supervisor, Maura Briseno, MFT who presented information on the Psychiatric Emergency Services (PES) – 24 hour crisis services program at Sutter-Yuba Mental Health Services.

Continuing, she reported that PES receives between 700-950 contacts per month, with over 80,000 units of service billed since Nov. 2009.

Strengths of the program are Dr. Christopher Barnett's services as the Medical Director who is able to provide consultation to Fremont-Rideout Doctors. He is also available during Wednesday clinic for some clients, and is able to provide follow-up for PES and see urgent medical appointments as necessary. The Board suggested that Dr. Barnett attend a future meeting of the Board.

Reviewing other strengths of the program was the development of Urgent Medication Psychiatric Services for PES clients which has decreased psychiatric hospitalization and provided more expedient intervention. She stated the PES team has a strong commitment to the clients.

Barriers to service include a very small waiting room and lack of sound-proofing between the two interview rooms and waiting room. After a period of discussion, the Board thanked Ms. Briseno for a fine presentation.

5. Mental Health Director's Report – Dr. Brad Luz, Ph.D.

Dr. Luz reviewed relevant program updates which included the distribution of a Youth Services spreadsheet which reviewed the percentages of client appointments/no shows/cancellations for the new Youth Services triage process.

Dr. Luz reviewed plans for the new Electronic Health Record implementation. Data entry training will begin next week, and more trainings are planned in February and March, 2012.

In conclusion, Dr. Luz updated the Board on the status of hiring the Deputy Director of Clinical Services. The Board requested to meet the new Deputy Director when on board.

6. Public Comment

There were no public comments offered.

7. Old Business – Chairperson Markland

- a. Consideration to amend the Mental Health Board Bylaws, specifically to change the nomination rules and term of office: Board Member Sohrakoff presented a summary of ideas and provided a simplified suggestion to revise the Mental Health Board Bylaws to include the Chair choosing an Election Coordinator (in lieu of a Nominating Committee); moving the process to begin in April instead of May to allow more time; and removing the portion of the bylaws regarding appointing a nominating committee.

Items discussed included:

- Ability to opt in or out to serve as an officer
- Discomfort with going to the Election Coordinator (EC) and “nominating” self
- A person's ability to serve can change each year for personal reasons
- Any board member can go to the Election Coordinator if interested in serving as an officer

- To serve one year, and up to 2 consecutive terms. However, if no candidates come forward after that, ability to continue to serve in the same capacity.
- Election Coordinator should not already serve as an officer and will not be able to nominate themselves. Possible suggestion included asking a non-member to serve as Election Coordinator.
- Resistance to changing the bylaws so often
- Create a section in the bylaws regarding Election Coordinator
- Intent is to have a rotation to move around in offices, but not required
- Ensure compliance with Brown Act

Chairperson Markland thanked Board Member Sohrakoff for his work and suggestions. He asked the Board to review the suggestions offered and be ready to review this item further at the next meeting.

8. New Business – Chairperson Markland

There was no new business brought forward.

9. Other Announcements/Correspondence

Ms. Fontinel received correspondence received January 3, 2012 from Board Member Patricia Stutte who announced her resignation from the Mental Health Board. It was reported that a memo will be sent to the Yuba County Board Clerk requesting that Yuba county post a notice of vacancy for a Consumer Representative on the Mental Health Board as soon as possible. Chairperson Markland suggested and it was agreed, that a letter of appreciation on behalf of the Board be developed for Ms. Stutte thanking her for the many years of service while on the Board. Dr. Luz reported he will also request that Yuba County Board Clerk send a letter of appreciation to Ms. Stutte.

Ms. Fontinel reported that Board Member Pardesi was reappointed to the Board on Nov. 18, 2011.

10. Adjournment

Hearing no further business, the meeting was adjourned by the Chair at 6:40 p.m. and Chairperson Markland wished all a Happy New Year.

Respectfully submitted,

Nancy Fontinel
Executive Secretary