



Serving Sutter and Yuba Counties

938 14th Street
Marysville, CA 95901
(530) 634-7659
FAX (530) 634-7660
www.fraqmd.org

David A. Valler, Jr.
Air Pollution Control Officer

Air Quality Advisory July 9, 2008

(Marysville, CA) –The Feather River Air Quality Management District along with Dr. Kinnison, Sutter County Health Officer, and Dr. Cassady, Yuba County Health Officer, are issuing another health advisory today due to high particulate levels from wildfire smoke.

Air quality levels this morning are unhealthy for sensitive groups. People with respiratory or heart disease, the elderly, and children are the groups most at risk. These groups should limit prolonged exposure and exertion. Air quality may reach unhealthy levels later in the day, therefore all residents, even healthy people, should limit exposure.

Air quality conditions can change rapidly. Particulate and ozone concentrations from the sensor in Yuba City can be viewed online at: <http://www.fraqmd.org/AQIndex.htm>. The sensor data is usually delayed by a couple hours, so residents take precautions and avoid voluntary outdoor activities if they see or smell smoke.

Air quality will continue to be impacted as fires continue to burn throughout Northern and Central California. Meteorological conditions are keeping the smoke from wildfires at ground level in many areas of our region.

Individuals who see or smell smoke should take the following actions to protect their health:

- Avoid voluntary outdoor activities if you can see or smell smoke, even if you're healthy
- Children, the elderly and people with respiratory or heart conditions should be particularly careful to avoid exposure
- Stay indoors with doors and windows closed as much as possible
- Asthmatics should follow their asthma management plan
- Contact your doctor if you have symptoms of cough, shortness of breath, or other symptoms you believe to be caused by smoke
- Those with heart disease should especially limit their smoke exposure since PM can cause heart attacks

The very small particles in smoke can irritate the lungs of even healthy people, but are especially dangerous for seniors, children and those with lung and heart disease.

For additional information on air quality health effects, please visit www.fraqmd.org or call the District office at (530) 634-7659.