Attention Sutter County Childcare Providers

The Sutter County Children and Families Commission (SCCFC) is pleased to announce two childcare provider, early educator classes. The SCCFC has approved $38,000 in funding to continue the Lessons Learned and Creating Great Starts classes for FY 2010/2011. The classes are open to licensed childcare providers in Sutter County.

Creating Great Starts (CGS) classes focus on integrating physical activity and nutrition into daily class curriculum and offers nationally recognized workshop presentations. CGS is a series of four classes. Attendance at all class dates is mandatory. Class dates for 2010/2011 are:

- **Sat., October 9, 2010** 8am-5pm – Be Choosy, Be Healthy Curriculum with Patty Kimbrell
- **Tuesday, January 11, 2011** 6:30pm – 8:30pm, topic to be announced
- **Sat., March 5, 2011** 8am-5pm
  - AM Session – Nurtured Heart Approach to Discipline presented by Trey Anderson
  - PM Session – The Amazing Brain, Brain Development presented by Pat Wolfe
- **Tuesday, May 10, 2011** 6:30pm – 8:30pm, topic to be announced

CGS Participants will receive:
- Be Choosy Be Healthy Kit and a soft plush Choosy character
- 20 professional growth hours
- 10 Nutrition/physical activity themed books
- Reproducible hard copies and online access to nutrition and physical activity themed curriculum, parent send home information, recipes etc., related to books
- Providers accepted to CGS will have the option to bring an aide or other site staff to the all day workshops. Preregistration will be required and there will be a nominal fee to cover lunch.

Lessons Learned classes are instructed by Lizabeth Lundberg and provide instruction on lesson planning, reproducible materials for themed activities – seasons, holidays, science, math, art, early literacy etc. and an opportunity for networking and professional support to participants. Classes are held the third Thursday of each month.

**Class Dates for 2010/2011 –**

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Applications are posted online at [www.suttercounty.org/cfc](http://www.suttercounty.org/cfc). Class space is limited, submit your application today.

If you have questions or would like more information call 822.7505.