

SUTTER COUNTY

Children and Families Commission

Annual Report: State Fiscal Year 2001-2002

In the event we have questions about the information contained in this county report, please give us the following information for your county contact:

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Current Status and Strategic Directions

1. 0 – 5 Child Population:

5,728 children ages 0-5 reside in the County of Sutter.

2. Ethnicity of Children 0 – 5.

- Latino: 1,987
- White: 2,583
- Asian: 687
- Native Hawaiian and other Pacific Islanders: 8
- African American 119
- Native Indian and Alaska Native: 67
- Other: 14
- Multiple Races: 263

3. County Narrative

- (A) The Sutter County Children & Families Commission conducted an extensive survey and review of available data and services for children 0-5 and their families. To gain new information the Commission developed a survey for distribution to the general public in Spanish and English and developed a specialized survey for Kindergarten teachers. The Commission's Advisory Committee developed a community resource matrix that identified existing programs and services available to all children in Sutter County. Using this information, the Commission developed a set of priorities and directed the advisory task groups to refine the objectives and strategies to meet the needs of all children and their families.
- (B) Sutter County is one of California's original counties. Situated in the northern Sacramento valley between two rivers, the Sacramento and the Feather, Sutter County covers 606.8 square miles (388,359 acres). Sutter County is perhaps most renowned for being home to the smallest mountain range in the world, the Sutter Buttes. Sutter County is proud of its agricultural heritage and has the distinction of developing the seedless grape, a product which revolutionized the raisin industry. Another agricultural development in Sutter County was the origination of a hardy, prolific strain of wheat by Edward Proper in 1868. The county is well known for its rice, walnut, peach, tomato, and prune production. In fact, the production of prunes is so great that in late summer of every year, just following the Yuba-Sutter County Fair, the Annual California Dried Plum Festival takes place. The southern half of Sutter County shares its borders with the counties of Sacramento, Yolo, and Placer. Neighbors on the northern half include Colusa, Butte, and Yuba counties.

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- According to 1999 population estimates, Sutter County is home to approximately 76,700 people. Recent population projections indicates that Hispanics comprised 28% of the population, Asians, including East Indian, comprised 14% of the population, African Americans 2% of the population, and Caucasians comprised 56% of the population. Total number of births average 1,210 annually.
- (C) Basic services for children are available throughout Sutter County. However, the county suffers from a high unemployment rate and the ups and downs of the seasonal agricultural related economy. Recent employment data indicate 35,400 in the labor force, with 4,700 unemployed: at 13.3% Sutter County has the third highest unemployment rate in the surrounding area. The median family income is \$35,000. A 1995 study of county data found more than 15.9% of county residents live at or below the poverty level. In the county, one of every four children (26.6%) ages 0-4 live at or below the poverty level.

4. Major Accomplishments.

- Awarded fifteen (15) mini grants
- Conducted technical assistance workshop for grantees
- Implemented Bright Futures Assessment Program
- Developed an evaluation form for the school based dental clinic
- Participated as a collaborative partner and implemented a school based dental program that provides comprehensive dental care to students at elementary schools
- Conducted two Community Workshops focusing on Asset Building and Sustainability
- Surveyed all Kindergarten teachers in the Yuba City Unified School District to determine existing level of school readiness of Kindergarten students
- Surveyed 120 early care providers and educators to determine the level of school readiness of children enrolled in their programs
- Developed RFP documents for direct services grants
- Developed funding plan for fiscal year 2000-2001
- Began media campaign for Bright Futures Program
- Organized & facilitated School Readiness Task Force
- Served as a member and represented the Commission on the Bi-County Substance Abuse Advisory Council, Health Advisory Council-Head Start, Sutter County Safe Communities Task Force
- Hired an assistant for the Executive Director
- Developed monitoring forms for New Parent Kits and began disbursing New Parent Kits
- Participated in WIC's children's health fair
- Participated in the Infant & Child Summer Safety Fair

5. Status of Reporting and Data Collection.

- Each proposed action identified in the Strategic Plan has a corresponding result, or positive outcome, expected from implementing the action. Achieving these results will take time, but the Commission feels it is critical to establish a comprehensive process by which the capacity to provide effective services and long-term child and family results will be measured.
- Indicators, by which the Commission may assess changes in the community, are presented as Short-Term and Long-Term indicators. Short-Term indicators represent measures that evaluate progress in anticipation of achieving the Long-Term result: improving the health and welfare status of young children and their families. Sutter County Commission staff has developed a data collection tool that resembles the “Results” form from the State Commission.
- The County Commission funded seventeen (17) contracts in the fiscal year of 2001-2002, fifteen of which were \$5,000 mini-grants. The process of reporting and data collection is evolving. We have scheduled a reporting and data collection forum that will be offered to the community which will assist us further in our developing a reporting tool for Sutter County. In addition, an RFP has been developed for outside evaluation services.

Summary of Innovative and Promising Practices

1. Program Highlights:

BRIGHT FUTURES ASSESSMENT PROJECT

Mission Statement

Bright Futures' mission is to foster healthy, nurtured children, families and communities, now and in the future, by bringing accessible, cost-effective, educational, preventative health and developmental screenings to children from birth to age five.

Program Description

Bright Futures reflects the new emphasis on protective factors for resilient children by building on family strengths, and by providing families with accessible, free health/developmental screenings, referrals to appropriate community agencies when necessary, parent training, information and support. Bright Futures promotes and makes possible the most basic definition of a family unit. Preventative health and developmental services, offered to all families in Sutter County, are the key components of the Bright Futures Program.

Program Goals

- To provide families with the knowledge that their children are physically healthy and developmentally on-track for their age.
- To identify children who are developmentally delayed, disabled or need medical management.
- To provide parents with training, information and support in caring for their young children.
- To provide early identification of health and developmental concerns in children birth through age five.
- To educate parents on developmental milestones and how parents can help their children achieve them.
- To build bridges by referring parents and children to community providers for primary health care services and treatment.
- To improve developmental outcomes (school readiness) and thereby improve early school performance.
- To assess the child's strengths and weaknesses, without labeling or stigmatizing the child.

In partnership and cooperation with health care and social service organizations, Bright Futures activities is comprised of ten free comprehensive health/development screenings in the pilot project of Live Oak. The program is offered to all children, birth through age five. With the help of professionals, paraprofessionals, and age-appropriate diagnostic tools, the primary

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access of services consists of assessments of the children's hearing, speech-language, vision, motor and cognitive abilities. Additionally, nutrition counseling, behavior, physical health consultation, information on developmental stages, literacy, car seat safety and dental assessments will be provided.

Each screening is split into two blocks of screening times (a.m. and p.m.). Families are scheduled for a screening by appointment and rotate through the screening stations for approximately two hours. Should concerns arise out of any of these assessments, referrals are made back to the health care provider for more in-depth evaluation and treatment.

The old concept in Social Service delivery focuses on deficiencies, weaknesses and problems; Bright Futures offers a new concept that utilizes people's strengths, capacities and assets. The program works to foster resilient, capable families through the programs objective of increasing parents' knowledge of and access to child

Development information that increases parenting confidence and competence. The program's activities also provide the following:

- An increase in the parent's awareness of immunization schedules through consultation and referrals for timely immunizations.
- Enhancement of healthy nutrition.
- Knowledge of appropriate parenting models with regards to behavior. Parents receive needed and infrequently given reinforcement and encouragement that they and their children are doing well.
- Promotes parental knowledge of and responsibility for the child's total well-being.

This program endeavors to ultimately screen each child, birth through age five, in order to identify those with surfacing developmental delays, disabilities or needing medical management. Bright Futures can help assure the best possible treatment for children and prepare them for their optimum healthy development and wellness.

Program Components

- Provides universal health development for children birth through age five at the pilot site of Live Oak.
- Provides referral services for problems identified during the assessment.
- Helps link children to health insurance resources.
- Refers children and families to resources and services aimed at improving developmental outcomes.
- Supports development of resources to address problems that have been identified as part of the project.
- Supports development of community resources that enhance developmental out comes.

Projected Outcomes

- Improved well-being of preschool children birth through age five.
- Determine whether the program improves outcomes by determining the development status of children participating in the pilot project.
- Track the number of referrals and the conditions requesting referral.
- Track the availability of referral resources.
- Compare school records of school entry with physical reports of children enrolled in Kindergarten. Review for previously undiagnosed health condition, hearing or vision deficits and dental health.
- Assess access to primary care providers and dentists as well as health and dental insurance availability.
- Determine the developmental status of children birth through age five.
- Determine what preschool children in Live Oak need for “school readiness” in the pilot project.
- Track and refer for developmental services.
- Expand Bright Futures Program countywide in the future.
- Collect basic program data (i.e. # children served, ages of children served, # children requiring referrals, # children without referrals, staffing, cost of the program, missing services, problem areas, assess to determine if Bright Futures program is duplicating existing services, assess school, volunteer, parental satisfaction, and child improvement).

SUTTER COUNTY PARENT NETWORK

The Sutter County Parent Network was founded in May of 1992, by a group of parents who saw a need in the Sutter County area for parent-parent support and a “special needs library” for families and professionals. SCPN collaborated with Tri-Valley Intervention and received funding to develop and staff a resource library. In December of 1994, SCPN received its non-profit tax-exempt status. SCPN holds the contract with the Department of Developmental Disabilities to operate a Family Resource Center for infants and toddlers age 0-3. SCPN also sponsors Able Riders therapeutic horseback riding, featuring weekly riding sessions for riders at no cost to families.

Research shows that family involvement has a significant, positive impact on academic success. Approximately 2,100 students with disabilities requiring special education are currently identified in Sutter County. But special education and other services for children with disabilities can be complicated and difficult to understand. There is a critical need in Sutter County for parents of children 0-5 to get information, training, services and support they need to help their children be ready for kindergarten and succeed in school.

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The Sutter County Children & Families Commission awarded a planning grant to SCPN to accomplish the following objectives:

- Conduct a series of Community Forums
- Develop a comprehensive and coordinated system to provide information, training, and peer support for children 0-5 with disabilities
- Develop a service plan to address challenging behaviors, mental health needs, pediatric occupational therapy, sensory integration for children that do not qualify under educational models, respite care for caregivers, inclusion incentive for child care providers, play therapy and one-on-one parenting training.

YUBA-SUTTER YMCA

The Yuba-Sutter YMCA received a planning grant from the Commission to expand its current Parent Education and Child development Programs for families and children 0-5 into a new seamless **Building Strong Families** umbrella of programs that begins in the last trimester of pregnancy. A **Building Strong Families** planning collaboration was established to:

- Restructure and expand programs 0-5 to include the Becoming Parents Program relationship education program
- Maximize program and resource integration to avoid duplication of services
- Define roles of partners and develop MOU's to include enhance information and referral services
- Identify new funding sources in addition to sharing resource with collaborative partners
- Develop multi-faceted public awareness campaign to promote **Building Strong Families** in English, Spanish, and Punjabi
- Develop a monitoring and evaluation program

The final report indicated the following results:

- A profile of all parenting classes offered in Sutter County including scope of program, training and qualifications of instructors, contact information and cost
- Completed timeline to introduce new Relationship Education programs to expectant Sutter County parents
- Identified 30 expectant couples through prenatal providers, courts, and other collaborative partners who will volunteer to be the first BPP participants and participate in play groups
- Enhance and, where appropriate, expand parenting and child development programs, such as infant and toddler play groups through collaboration and sharing of resources including libraries
- Completed multi-language public awareness program to promote the prenatal parenting program based on relationship education that targets first time parents.

2. Service Integration and Collaboration:

The Sutter County Children & Families Commission advocates for comprehensive child development policies that promote safe and healthy environments for children 0-5, supports integrated family services for children 0-5 and supports integrated collaborative partnerships which promote school readiness.

The Commission has formed collaborative partnerships with many community groups such as the YMCA, Yuba City School District, Live Oak School District, Sutter County Health Department, Yuba-Sutter Mental Health, Sutter County Library, Child Care Planning Council, Head Start, Children's System of Care and many others. These collaborative relationships will enable the Commission to improve the lives of our youngest children in Sutter County.

County Revenues and Expenditures
for the period July 1, 2001- June 30, 2002

County Revenues

Prop 10 Cash Revenues	List dollar amounts here. Round to whole dollars
Prop 10 Allocation <i>Monthly disbursements</i>	1,186,978.00
Augmentation Funds from the State Commission:	
• Administrative Augmentation Funds	\$ 62,797.00
• Travel Augmentation Funds	\$ 7,575.00
• Minimum \$200,000 augmentation funds	\$
Other State Prop 10 Program Funding <i>Grant funds, state initiatives</i>	
• Child Care Retention Incentives	\$
• Other (specify) School Readiness	\$ 50,000.00
Revenues from Sources Other than Prop 10	
List:	\$
	\$
	\$
Interest Earned and Balance Brought Forward	
Interest Earned	\$ 135,287.00
Fund Balance brought forward from prior year(s)	\$ 2,862,667.00
Total Cash Revenue	\$ 4,305,304.00

Annual Expenditures and Encumbrances

	Expended or Encumbered for FY 01-02
Program Expenditures and Encumbrances (e.g. grants, initiatives, programs)	\$ 645,764.00
Implementation Expenditures and Encumbrances (all expenditures/encumbrances other than program expenditures – see detail on next page)	\$ 212,090.00
Total Cash Expenditures	\$ 857,854.00

Financial Summary

July 1, 2001 to June 30, 2002	
Total Cash Revenue	\$ 4,305,304.00
Total Cash Expenditures	\$ 857,854.00
Fund Balance	\$ 3,447,450.00
<i>* Fund Balance that is not encumbered, but is committed or set-aside for current or future grants, initiatives, sustainability reserve, etc.</i>	\$ 800,000.00
Funds for Future Investments and Program Sustainability	\$ 2,647,450.00

*Committed funds in this section are not encumbered for this fiscal year and will not show up in the fiscal audit.

Implementation Expenditure Detail

	Expended or Encumbered for FY 01-02	Based on accounting or best estimate:
Evaluation Expenditures	\$ 65,002.00	<input type="checkbox"/> Accounting <input type="checkbox"/> Best Estimate
Administrative Expenditures <ul style="list-style-type: none"> ▪ Commission Operations and Support (meeting costs and support, office operations, training and technical assistance, development of policies and procedures, etc.) ▪ Grant-Making Operations and other Fund Allocations ▪ Contract Management ▪ Fiscal Management ▪ Tracking of and Compliance with Legal Requirements, including preparing reports to the State Commission 	\$ 136,588.00	<input type="checkbox"/> Accounting <input type="checkbox"/> Best Estimate
Planning, Communication and Outreach Expenditures <ul style="list-style-type: none"> ▪ Strategic Planning ▪ Community Outreach (media, websites, other community outreach, civic engagement) ▪ State-level Involvement, Communication, and Planning for State-Level Initiatives ▪ Activities to Promote Collaboration and Integration of Services and Leveraging of Resources 	\$ 10,500.00	<input type="checkbox"/> Accounting <input type="checkbox"/> Best Estimate
Total Implementation Expenditures	\$ 212,090.00	

Untracked In-kind:

- Personnel services
- Accounting Services
- Legal Council Services
- Meeting room space
- Janitorial Services

Activity Summary Sheet Number 1 July 1, 2001 through June 30, 2002

If your county commission is grouping projects, please enter the number of projects included in this summary sheet: 1

1. RESULT AREAS	FOR EACH RESULT AREA		4. PARTICIPANTS SERVED			5. TOTAL NUMBER OF MONTHS	6. TOTAL FUNDS SPENT IN EACH RESULT AREA
			A = ACTUAL E = ESTIMATE				
<i>Please mark the result area (s) that apply to this project or group of projects</i>	2. Intended Result(s) <i>Enter one or more codes from Appendix 1.</i>	3. Strategy(ies) <i>Enter one or more codes from Appendix 2</i>	<i>Total children prenatal to 5th birthday</i>	<i>Total family members of children prenatal to 5th birthday</i>	<i>Total providers that serve children prenatal to 5 or their families</i>	<i>Total months project(s) has/have been in operation during FY 00/01.</i>	<i>Total funds spent on each of the four result areas.</i>
<input type="checkbox"/> Improved Systems							
<input type="checkbox"/> Improved Child Health	H3, H4, H6, H7, H10, H11	10, 11, 26, 27, 29, 30, 40	37-A	37-A	11	2	\$2,666
<input type="checkbox"/> Improved Child Development	C5, C6	10, 11, 26, 27, 29, 30	37-A	37-A	11	2	\$2,666
<input type="checkbox"/> Improved Family Functioning	F2, F3, F5, F6, F7, F11	10, 11, 26, 27, 29, 30, 43, 65, 66, 67, 68	37-A	37-A	11	2	\$2,666
<i>Note: Please use this section to explain or qualify any of the information provided above.</i>							

Activity Summary Sheet Number 2 July 1, 2001 through June 30, 2002

If your county commission is grouping projects, please enter the number of projects included in this summary sheet: 5

1. RESULT AREAS	FOR EACH RESULT AREA		4. PARTICIPANTS SERVED			5. TOTAL NUMBER OF MONTHS	6. TOTAL FUNDS SPENT IN EACH RESULT AREA
			A = ACTUAL E = ESTIMATE				
<i>Please mark the result area (s) that apply to this project or group of projects</i>	2. Intended Result(s) <i>Enter one or more codes from Appendix 1.</i>	3. Strategy(ies) <i>Enter one or more codes from Appendix 2</i>	<i>Total children prenatal to 5th birthday</i>	<i>Total family members of children prenatal to 5th birthday</i>	<i>Total providers that serve children prenatal to 5 or their families</i>	<i>Total months project(s) has/have been in operation during FY 00/01.</i>	<i>Total funds spent on each of the four result areas.</i>
<input type="checkbox"/> Improved Systems							
<input type="checkbox"/> Improved Child Health	H11, H13		60	60	10	11	\$12,500.00
<input type="checkbox"/> Improved Child Development	C2, C4, C5, C6	13, 14	60	60	10	11	\$12,500.00
<input type="checkbox"/> Improved Family Functioning							
<i>Note: Please use this section to explain or qualify any of the information provided above.</i>							

Activity Summary Sheet Number 3 July 1, 2001 through June 30, 2002

If your county commission is grouping projects, please enter the number of projects included in this summary sheet: 1

1. RESULT AREAS	FOR EACH RESULT AREA		4. PARTICIPANTS SERVED <small>A = ACTUAL E = ESTIMATE</small>			5. TOTAL NUMBER OF MONTHS	6. TOTAL FUNDS SPENT IN EACH RESULT AREA
<i>Please mark the result area (s) that apply to this project or group of projects</i>	2. Intended Result(s) <i>Enter one or more codes from Appendix 1.</i>	3. Strategy(ies) <i>Enter one or more codes from Appendix 2</i>	<i>Total children prenatal to 5th birthday</i>	<i>Total family members of children prenatal to 5th birthday</i>	<i>Total providers that serve children prenatal to 5 or their families</i>	<i>Total months project(s) has/have been in operation during FY 00/01.</i>	<i>Total funds spent on each of the four result areas.</i>
<input type="checkbox"/> Improved Systems		48, 49, 53, 59	40-E		9	11	\$5,000.00
<input type="checkbox"/> Improved Child Health							
<input type="checkbox"/> Improved Child Development							
<input type="checkbox"/> Improved Family Functioning							
<i>Note: Please use this section to explain or qualify any of the information provided above.</i>							

Activity Summary Sheet Number 4 July 1, 2001 through June 30, 2002

If your county commission is grouping projects, please enter the number of projects included in this summary sheet: 1

1. RESULT AREAS	FOR EACH RESULT AREA		4. PARTICIPANTS SERVED <small>A = ACTUAL E = ESTIMATE</small>			5. TOTAL NUMBER OF MONTHS	6. TOTAL FUNDS SPENT IN EACH RESULT AREA
<i>Please mark the result area (s) that apply to this project or group of projects</i>	2. Intended Result(s) <i>Enter one or more codes from Appendix 1.</i>	3. Strategy(ies) <i>Enter one or more codes from Appendix 2</i>	<i>Total children prenatal to 5th birthday</i>	<i>Total family members of children prenatal to 5th birthday</i>	<i>Total providers that serve children prenatal to 5 or their families</i>	<i>Total months project(s) has/have been in operation during FY 00/01.</i>	<i>Total funds spent on each of the four result areas.</i>
<input type="checkbox"/> Improved Systems							
<input type="checkbox"/> Improved Child Health							
<input type="checkbox"/> Improved Child Development							
<input type="checkbox"/> Improved Family Functioning	F1, F2, F3, F5, F11	3, 52, 66, 67	E-500	E-500	E-18	8	\$7,500.00
<i>Note: Please use this section to explain or qualify any of the information provided above.</i>							

Activity Summary Sheet Number 5 July 1, 2001 through June 30, 2002

If your county commission is grouping projects, please enter the number of projects included in this summary sheet: 1

1. RESULT AREAS	FOR EACH RESULT AREA		4. PARTICIPANTS SERVED <small>A = ACTUAL E = ESTIMATE</small>			5. TOTAL NUMBER OF MONTHS	6. TOTAL FUNDS SPENT IN EACH RESULT AREA
<i>Please mark the result area (s) that apply to this project or group of projects</i>	2. Intended Result(s) <i>Enter one or more codes from Appendix 1.</i>	3. Strategy(ies) <i>Enter one or more codes from Appendix 2</i>	<i>Total children prenatal to 5th birthday</i>	<i>Total family members of children prenatal to 5th birthday</i>	<i>Total providers that serve children prenatal to 5 or their families</i>	<i>Total months project(s) has/have been in operation during FY 00/01.</i>	<i>Total funds spent on each of the four result areas.</i>
<input type="checkbox"/> Improved Systems							
<input type="checkbox"/> Improved Child Health							
<input type="checkbox"/> Improved Child Development							
<input type="checkbox"/> Improved Family Functioning	F6, F7	65, 67 68, 69					\$5,000.00
<i>Note: Please use this section to explain or qualify any of the information provided above.</i>							

Activity Summary Sheet Number 6 July 1, 2001 through June 30, 2002

If your county commission is grouping projects, please enter the number of projects included in this summary sheet: 1

1. RESULT AREAS	FOR EACH RESULT AREA		4. PARTICIPANTS SERVED <small>A = ACTUAL E = ESTIMATE</small>			5. TOTAL NUMBER OF MONTHS	6. TOTAL FUNDS SPENT IN EACH RESULT AREA
<i>Please mark the result area (s) that apply to this project or group of projects</i>	2.Intended Result(s) <i>Enter one or more codes from Appendix 1.</i>	3. Strategy(ies) <i>Enter one or more codes from Appendix 2</i>	<i>Total children prenatal to 5th birthday</i>	<i>Total family members of children prenatal to 5th birthday</i>	<i>Total providers that serve children prenatal to 5 or their families</i>	<i>Total months project(s) has/have been in operation during FY 00/01.</i>	<i>Total funds spent on each of the four result areas.</i>
<input type="checkbox"/> Improved Systems							
<input type="checkbox"/> Improved Child Health							
<input type="checkbox"/> Improved Child Development							
<input type="checkbox"/> Improved Family Functioning		19, 39, 56, 66	5-E	15-E		11	\$5,000.00
<i>Note: Please use this section to explain or qualify any of the information provided above.</i>							
<i>Intent of program to strengthen single parenting fathers parenting skills through lending library and parent education classes</i>							