

"We read about the screening in the paper and it sounded like a good way to get a feel for how we're doing as parents. It's another tool to learn with, as well as a way to confirm that we're doing things right."

-Paul DeVito

A first-time father

**BRIGHT FUTURES** is staffed completely with volunteers whose help we greatly appreciate.

If you would like to volunteer please

call 822-7505.



SUTTER COUNTY  
**CHILDREN  
& FAMILIES**  
COMMISSION

1527 Starr Drive Suite O  
Yuba City, Ca 95993

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## Child Health & Development Screenings

Children ages 0 through



A program of the

SUTTER COUNTY  
**CHILDREN  
& FAMILIES**  
COMMISSION

# What is **BRIGHT FUTURES?**

**BRIGHT FUTURES** is a service provided by the **Sutter County Children & Families Commission**.

**BRIGHT FUTURES** started in March 2002 and provides **FREE** health and development screenings in a fun and relaxed atmosphere for children ages birth through five.

In addition **BRIGHT FUTURES** provides parents with information, education, local resources and support.

## What areas of health and development are tested or discussed?

Have you ever wondered if your child's development is appropriate for their age? **BRIGHT FUTURES** screenings can provide parents with information regarding their child's developmental progress.

Screenings can identify surfacing developmental concerns and can make referrals to organizations which can provide in-depth evaluation and treatment if needed.

### Screenings conducted include:

- ★ Vision    ★ Hearing
- ★ Motor Skills    ★ Dental
- ★ Speech & Language
- ★ Nutrition    ★ Health
- ★ Height & Weight    ★ Behavior



A sample of **BRIGHT FUTURES** participation gifts.

## Can my child attend **BRIGHT FUTURES?**

**BRIGHT FUTURES** is **FREE** to all children ages birth through five and their parents in Sutter County. There are no income restrictions or insurance requirements.



**BRIGHT FUTURES** is held the second Wednesday of every month from 12noon to 4pm in the Community Room at the Yuba City Mall.

Saturday Screenings are held quarterly at various locations in Sutter County.

To obtain a Bright Futures schedule call the **Sutter County Children & Families Commission** office at 822-7505 or drop by

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"My five year old daughter, Ashley, attended a Bright Futures screening and was referred to and qualified for speech therapy. She was then much better prepared and ready for kindergarten. What a difference this has made in her life! We are so grateful for all the help Bright Futures and others have given to Ashley and to our family. I hope other families gain as much as we have from this wonderful program."

Kathie Spencer

