ALCOHOL & DRUG ABUSE SERVICES

ACTS
Alcohol Chemical Treatment Series
Truth Tabernacle Church, Marysville... 742-7761
Addiction Treatment Services
Narcotic treatment program........... 749-8640
Adult Children of Alcoholics
Self-help for those with alcoholic families.
Meeting time & location...............
318-534-1815
Alt of... www.adultchildrens.org
Aegis Medical Systems
Narcotic treatment program...... 742-7747
Al-Anon /Alateen Family Group
Fellowship for family members of alcoholics.
Toll free.......................... 1-888-425-2666
Website.......................... www.al-anon.alateen.org
Alcoholics Anonymous
A fellowship for those with alcohol problems........... 916 454-1100
County Substance Abuse Programs
Counseling, treatment, crisis intervention
for Families with drug problems.
Sutter Co........................... 822-7200
Yuba Co............................. 749-6798
Fathers FIRST
Open group for recovery and parenting for fathers.
Truth Tabernacle Church, Marysville... 742-7761
First Steps Prenatal Program
Drug abuse counseling/treatment for
pregnant and parenting women........ 822-7263
NAR-Anon Family Group
A support group for family members of addicts........ 1-800-477-6291
Narcotics Anonymous
Self-help for those with drug problems 1-877-669-1669
SAMHSA (Substance Abuse and Mental Health Services Administration) Helpline
Self-help information................... 1-800-662-4357
National Council on Alcoholism
and Drug Dependency
Information on alcohol-abuse and
drug dependency services........ 1-800-622-2255
Pathway’s Drug & Alcohol Program
Substance Abuse Programs including:
Youth & Family, Outpatient, Residential
for men & women. Sutter Co........ 674-4530
Yuba Co.......................... 742-6670
Rideout Memorial Hospital Emergency Dept.
For emergencies 911.................
Salvation Army Depot Family Crisis Center
Substance Abuse Treatment Services... 216-4530
Sutter/Yuba County Alcohol & Drug Administrator
Coordinates county services.......... 822-7200
Sutter Yuba Mental Health Services (SYMHS)
Counseling and referral for drug
and alcohol abuse.................. 822-7200
TOBACCO EDUCATION & REFERRALS TO CESSATION CLASSES
Sutter Co.......................... 822-7215
Yuba Co............................. 749-6366
Rideout Health........................ 741-3840
ANIMALS
Animal Control Office
Licensing and control of animals.
Sutter Co.......................... 822-7375
Yuba Co............................. 741-6478
Yuba Sutter S.P.C.A.
Low cost spaying, neutering,
and vaccinations.................. 673-6390
CHILDREN’S ACTIVITIES
4H Club
Focus on agriculture for youth........ 822-7515
Big Brothers Big Sisters Program
Interested in becoming a Big Brother
or a Big Sister?.............. 1-916-646-3930 x112
Boy Scouts of America
Organized activities for boys........ 1-916-929-1417
Friday Night Live/Club Live/Kid Live...... 742-5483
Girl Scouts Council
Organized activities for girls........ 1-800-322-4475
Little League
Olivehurst-Linda.............. 742-7949
Peach Bowl........................ 673-6584
Sutter Buttes.................. 870-1730
YMCA
Recreation and activities for youth..... 916-452-9622
or........................... 329-3304
Youth Soccer League
of Yuba-Sutter............. www.yubasuttersoccer.com
or........................... 753-4404
Yuba City Recreation Department...... 822-4650
Live Oak City Parks and Recreation... 695-2112
LIBRARY SERVICES
Live Oak............................ 695-2021
Marysville......................... 749-7380
Rio Oso............................. 533-2170
Yuba City.......................... 822-7137
CHILD & FAMILY COUNSELING
Children’s Home Society........... 673-7503
or........................... 1-800-552-0400
Community Care Licensing........... 895-5033
Beale AFB Child Development Center... 634-4717
E Center Yuba Sutter
Head Start Program Office........... 741-2995
Sutter County Children & Families Commission
Planning for services for children
under age 5........................ 822-7505
Yuba County Office of Education, Early Start
Family Education Resource Center
Support to Yuba County families of infants
and toddlers from birth to 36 months who are
at risk for developmental disabilities or who
have established disabilities........ 749-4991
Sutter County Superintendent
of School’s Infant Program
Services to families in Sutter County with
infants who have significant delays in
their development.............. 822-2900
SUTTER COUNTY
SCHOOL DISTRICT & STATE FUNDED CHILD CARE
DEVELOPMENT PROGRAMS
Brittan Elementary.................... 822-5141
Live Oak Child Care Center.......... 695-2372
Marcum Illinois....................... 656-2407
Yuba City Unified..................... 822-5235
YUBA COUNTY
SCHOOL DISTRICT & STATE FUNDED CHILD CARE
DEVELOPMENT PROGRAMS
Marysville Joint Unified........... 749-6165
Wheatland Elementary........... 533-3130 x 1110
CHILD & FAMILY COUNSELING
Beale Family Readiness Center
For active, retired, and reserve
family members only................ 634-2863
Casa de Esperanza
Shelter for victims of domestic violence, child abuse,
rape and sexual assault counseling.
General information 911........... 674-5400
Crisis Line ...................... 674-2040
Child Help’s National
Child Abuse Hotline........... 1-800-422-4453
Compassionate Friends
Self-help support for parents who have experienced the death of a child.
English ........................................ 674-2595
Spanish ........................................ 871-3591

Family SOUP (aka Parent Network)
For families of children with special needs. Provides referrals to services, a resource library, parent-to-parent support, parenting classes and support groups in Yuba, Sutter and Colusa counties .... 751-1925

Rideout Hospice
(See Medical – Hospice)

Harmony Health Family Resource Center
Assists families with community referrals, in-home case managing, counseling, anger management counseling, parent workshops/ support groups, woman's support group, and resource information file. ........................................ 742-5049

Sutter North Hospice Children’s Bereavement Program
Offers services to children, teens and families ...... 749-3460

The Covenant House Nine Line
Phone-counseling and referral for teens.
Call Toll-free, 24 hours .................. 1-800-786-2929

Teen Line
A confidential telephone help line for teenage callers. Volunteers - trained teenagers who will talk to the caller about anything that concerns them. .......... 1-800-852-8336

FAMILY RESOURCE CENTERS
Information and referral services. Parent education classes, life skills workshops, support groups. Linkages to health and social service programs. In-home visitation services for children and families.

Wheatland School District ..... 633-4061
Comptonville ................................... 288-9355
Grace Source, Plumas Lake .... 741-1386
Yuba Co. Office of Ed., Marysville 749-4049
Cedar Lane School ............. 741-6112 x3661
Ella School .................. 741-6124 x 4426

CHILDREN MISSING
Missing Children Hotline ...... 1-800-222-3463
California Youth Crisis Line .... 1-800-843-5200
National Center for Missing & Exploited Children
Call Toll-free, 24 hours ............. 1-800-843-5678
National Runaway Safeline ... 1-800-786-2929

COMMUNITY INFORMATION
Yuba Sutter Chamber of Commerce
Community needs, events, business .......... 743-6501
Community Action Agency .... 751-8555
Salvation Army
Help in locating missing persons ........... 1-800-698-7728
United Way
Community resources referral ...... 743-1847

COUNSELING & MENTAL HEALTH
(Also See Medical/Support Groups)
A Woman’s Friend Pregnancy Resource Clinic
(See Women’s Services)

Alta California Regional Center
(See Disabilities)

Beale AFB Mental Health Clinic
Services for military personnel and their dependents .................. 634-2941
Casa de Esperanza
(See Child & Family Counseling)
Family SOUP (aka Parent Network)
(See Child & Family Counseling)
Harmony Health Family Resource Center .......... 742-5049
Mental Health America Yuba Sutter (MHAYS)
Support of the mentally ill ........ 822-7200
Planned Parenthood
(See Women’s Services)
Salvation Army Open Door
(Homelss Mentally Ill Program)
Provides case management, support and guidance, telephone use .......... 743-7313
Sutter-Yuba Mental Health Services (SYMHS)
24-hour Crisis Line ( )
Wellness & Recovery ........ 822-7200
Inpatient ................................ 822-7200
Outpatient ................................ 822-7200
Victim Witness
Sutter Co. ....................... 822-7345
Yuba Co. ......................... 741-6275
Yuba-Sutter Veterans Service Center
(See Veterans & Military)

DISABILITIES
Alta California Regional Center
Diagnosis, special services for those with intellectual or developmental disabilities, CP, epilepsy, autism ...
English ........................................ 674-3070
Boy Scouts Handicapped-Scouting
Programs for both girls and boys ...... 1-800-427-1417
Butch’s Pool
Swimming pool for the handicapped .......... 671-4373
California Dept. of Rehabilitation
Vocational testing, counseling, training .... 822-4591
TDD only .................................. 822-4594
California Relay Service
Voice Service
Relay Voice-to-TTY, Voice Carry Over, and Hearing Carry Over and vice-versa for the hearing impaired:
Call ........................................ 711
English ........................................ 1-800-735-2929
Spanish ....................................... 1-800-855-3000
Relay Speech for the speech impaired:
English and Spanish .................. 1-800-854-7784

Deaf and Disabled
Telecommunications Program .......... 1-800-806-1191
Department of Human Services for Disabled Adults
Sutter Co. ....................... 822-7227
Yuba Co. ......................... 749-6471

Easter Seal Society
Medical equipment for loan. Information and referral. Public education .......... 673-4585
Family SOUP
(See Child & Family Counseling)

FREED Center for Independent Living
Disability and Aging Resource Center
In-Home Supportive Services (IHSS)
Helps people remain safely in their own home. Yuba Co. .... 749-6471
Sutter Co. ......................... 822-7227

Rideout Home Health
In-home nursing service .......... 673-7100

Housing Authority
(See Housing)
Nor-Cal Center on Deafness
Voice Line ................... 530-749-7503
TTY ................................ 749-7502

Parent Information Line (CA Dept of Ed)
Special Education telephone line for parents of students with disabilities ages 0-22 .... 1-800-926-0648

Property Tax Assistance/Postponement
(See Financial Assistance)

Special Education
For all handicapped children. Yuba City Unified School District ........ 822-7612
Sutter Co. Schools ........ 822-2909
Sutter County One Stop ........ 822-5150 & 822-5104
Yuba Co. Office of Ed ........ 749-4900

Speech & Hearing Clinic CSUC
Diagnostic and rehabilitative services for communicative disorders .......... 889-5871
Yuba College Disabled Student Program
Voice Line ................... 741-6795
TTY ................................ 866-274-5730
Yuba-Sutter Respite
(See Child & Family Counseling)

EMERGENCY SOCIAL SERVICES
Adult Protective Services
Investigates referrals of elder and dependent adult abuse or neglect. Sutter Co. .......... 822-7227
Yuba Co. ......................... 749-6471
Air Force Aid Society
Emergency assistance for active duty, retired personnel and dependent military members ........ 634-2863
American Red Cross
Emergency assistance, financial aid for members of the Armed Forces and their families, AIDS education. ........ 1-877-272-7337
Child Protective Service
Protection for children subjected to abuse or neglect. Sutter Co. Call 24 hours 749-6286
Community Resource Project
Home Energy Assistance Program (HEAP). Assistance with utility bill based on specific criteria. Weatherization for low income households, renters, or owners in Yuba and Sutter counties ..... 671-7590
County Depts. of Human Services
Food, clothing, shelter. Sutter Co. .. 1-877-652-0735
Yuba Co. ......................... 749-6311

Hands of Hope
Resource center for homeless families. Partial rental deposits to qualified applicants .......... 755-3491

Rural Development
Low-interest loans for first time housing borrowers and loans for farmers USDA Yuba City Farm Service Agency ........ 674-1461

Salvation Army
Emergency food, utilities & shelter .......... 216-4530 x4534

Social Security Administration
Information about Medicare, retirement benefits, survivor benefits, benefits for the elderly, blind or disabled .......... 1-866-331-5449

Twin Cities Rescue Mission
Gospel services, meals, showers, clothing to men, women and children. Overnight accommodations for single men .......... 743-8777

Victim-Witness Program
Advocacy and financial assistance for victims of violent crime. Court assistance. Sutter Co. .......... 822-7345
Yuba Co. ......................... 749-6725

Yuba-Sutter Canners Food Bank .......... 673-3834

Yuba-Sutter Respite
(See Child & Family Counseling)

EMPLOYMENT TRAINING
California Dept. of Rehabilitation
Vocational training, counseling, training, job placement assistance .......... 822-4591
TDD only .................................. 822-4594

California Human Development Corp.
Information about employment, training, education .......... 673-4120
or .................................. 741-2924

CSUC Educational Opportunity
Special admission program for low income students ........ 898-4028
or .................................. www.calstate.edu/sas/eop

Employment Development Department
Workshops and other employment services. Unemployment Insurance .......... 1-800-300-5616

Farm Advisor UC Co. Extension
Information on gardening, landscape, money management and food production .......... 822-7515

Library Literacy Program
Serves Yuba and Sutter Counties .......... 822-7272

One-Stop Business Career Training & Center
Sutter Co. .......... 822-5120
Yuba Co. ......................... 749-4850

Sutter County Employment Services
Employment, educational training, work experience program for TANF recipients. Child care and transportation provided .......... 822-7133

Tri-County ROP
School-based vocational education for youth & adults 16 years & older .......... 822-2952

Yuba College CalWorks .......... 634-7773

Yuba County Employment Services
Employment, education training, work experience .......... 749-6311

ENVIRONMENT/RECYCLING
County Office of Environmental Health
Accepts complaints concerning the environment and public areas. Sutter Co. .......... 822-7450
Yuba Co. ......................... 749-5450
FINANCIAL ASSISTANCE

(Also See Emergency Social Services)

Beale AFB Family Support Center ........................................ 634-2863

Community Resource Project, Inc.  
(See Utilities)

Consumer Counseling Services  
Counseling for anyone with financial difficulties, provides money management guidelines 674-9729

County Dept. of Human Services  
Medi-Cal, CalWorks, emergency loans, CalFresh, general relief, and CMSP.

Sutter Co. 671-662-0735
Yuba Co. 671-6931

Social Security Administration  
Information about retirement benefits, survivor benefits, Medicare and benefits for the elderly, blind or disabled 1-866-331-5449

GOVERNMENT

County Clerk  
Filing for marriage, confidential marriage, passport, minor emancipation. Also performs marriages.

Sutter Co. 822-7134
Yuba Co. 749-7561

Clerk of the Superior Court  
Filing for any legal proceedings including divorce.

Sutter Co. 822-3309
Yuba Co. 749-7600

District Attorney  
Consumer protection, involuntary commitment, criminal prosecution.

Sutter Co. 822-7339
Yuba Co. 749-7770

Public Guardian  
Trust of personal affairs when no relative is able to do so.

Sutter Co. 822-7250
Yuba Co. 749-6306

Recorder  
Vital statistics, military discharge, deeds and all official land transactions.

Sutter Co. 822-7134
Yuba Co. 749-7850

Registrar of Voters  
Voter registration, filing for county office and elections.

Sutter Co. 822-7122
Yuba Co. 749-7855

HOUSING

Casa de Esperanza  
(See Child & Family Counseling)

Community Housing Improvement Program (CHIP)  
Assistance to low-income and rural disadvantaged residents, seniors, and others who lack financial resources or knowledge to improve or provide adequately for their housing 891-6931

Contractors Referral Board  
To find licensed contractors in good standing with the State Licensing Board 1-800-321-2752

2016 Sutter-Yuba Counties
The Network of Care

The Network of Care web site is a valuable resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, related news, as well as a directory and other features. Visit the Network of Care local Web Sites at: www.sutter.networkofcare.org or www.yuba.networkofcare.org

Mental Health America Yuba Sutter (MHAYS)

Formally known as National Alliance for the Mentally Ill, NAMI) has been active in Yuba – Sutter county since June of 1983. MHAYS is committed to assisting those with psychiatric disabilities and their families, by providing mutual support, education, advocacy and research. Visit the Mental Health America Yuba Sutter Web Site at: mhayubasutter.com

Senior Information & Assistance
Locates services and resources requested by seniors, provides assistance completing forms, schedules HICAP appointments, etc. ............................................. 742-2334

Senior Legal Hotline
(See Legal Services)

Social Security Administration ............................................. 1-866-331-5449

Yuba City Senior Citizen Center
Classes, crafts, dances, trips, exercise, tax assistance, blood pressure screening. .......................................................... 822-4608

Senior Citizens - Nutrition

Meals on Wheels
Provided through Agency on Aging Area 4. Home-delivered meals are available to seniors age of 60 and older in Yuba & Sutter Counties, that are homebound due to illness, recovery, disability or other causes that prevent them from leaving their home. Prior to receiving home-delivered meals, an assessment worker will make a home visit to determine eligibility. Call approximately 4-6 weeks prior to your scheduled delivery date.

Rideout Hospice's grief support group provides services for people experiencing grief due to the death of a loved one. ............................................. 790-3006

Man to Man: Prostate Cancer Support Group ............................................. 741-1366

Mental Health America Yuba Sutter Support group for families of the mentally ill ............................................. 822-7200

Parkinson’s Support Group, Sutter Medical ............................................. 673-3064

Recreational Services

City Recreation Departments
Call Live Oak City Hall ............................................. 695-2112
Call City of Yuba City Recreation ............................................. 822-4650

County Libraries Book, and record loans
Sutter Co. Call ............................................. 822-7137
Yuba Co. ............................................. 749-7380

Friday Night Live/Club Live/Kid Live
(See Children’s Activities)

Ruff Hill Recreation Brownsville ............................................. 675-0121

YMCA
Youth sports, child care ............................................. 933-9423
or ............................................. 329-3304

Utilities

Pacific Gas & Electric Company
Toll free ............................................. 1-800-743-5000
PG & “REACH” Assistance ............................................. 1-800-933-9677

Community Resource Program
Home Energy Assistance Program (HEAP)
Assistance with utility bill based on specific criteria. Weatherization for low income households, renters, or owners in Yuba and Sutter counties ............................................. 671-5790

California Lifeline (Telephone)
General Information ............................................. 1-866-272-0349
or ............................................. 674-2603

Recology Yuba-Sutter
Solid waste removal and recycling ............................................. 743-6933

Veterans & Military

American Red Cross
Service to military families ............................................. 673-1460

EDD Veterans Services Officer
Yuba Co. 1-Stop ............................................. 749-4850

National Veterans’ Foundation ............................................. 1-888-777-4443

Sutter County One Stop ............................................. 822-5120

Yuba City Veterans Outpatient Clinic
425 Plumas Street, Yuba City ............................................. 751-4500

Yuba College Veteran’s Affairs
Education benefits for veterans and dependants ............................................. 741-6822

Yuba Sutter Veteran Service Office ............................................. 749-4967

Yuba Sutter Veterans Stand Down ............................................. 749-1036

Women’s Services

A Woman’s Friend Pregnancy Resource Clinic
All services free of charge including: Pregnancy testing and pregnancy verification, maternity and infant clothing for loan; parenting classes, post-abortion support groups for women & men.

Access for Infants & Mothers
Insurance for medical expenses during pregnancy ............................................. 1-800-824-0088

Casa de Esperanza
(See Child & Family Counseling)

Child Protective Services
(See Emergency/ Social Services)

County Health Services
(See Medical Clinics)

Feminist Women’s Health Center
Abortion, birth control, VO and pregnancy testing, referrals, fertility services ............................................. 1-800-714-8151

First Steps Prenatal Program
(See Alcohol & Drug Abuse Services)

Fremont Medical Center Prenatal Classes
Childbirth preparation, maternity tours, breast-feeding, Lifesaver Baby ............................................. 751-4165

Harmony Health Family Resource Cntr ............................................. 743-6888

La Leche League
Information, education and support for expectant and breast-feeding-mothers ............................................. 822-7224

Planned Parenthood
Birth Control, pregnancy testing, STD screening and treatment, first trimester abortion, PAP tests, AIDS testing, tubal ligation and vasectomy counseling ............................................. 674-2603

WIC (Women, Infants, & Children)
Nutrition education, supplemental food vouchers, breastfeeding education ............................................. 822-7224

Yuba Co. ............................................. 749-4933

Women’s Services - Rape Crisis Intervention

Casa de Esperanza ............................................. 674-2040

Planned Parenthood ............................................. 674-2603