MHSA Adult Committee Minutes – May 3, 2005

Final Minutes
May 3, 2005, 1 p.m. – 3 p.m.

Facilitators:
Laura DiBartolo, LCSW and Margery Hubbard

Committee Members:

Laura DiBartolo, LCSW
Margery Hubbard
Carmen Aguiniga
Susie Armstrong
Joyce Ash
Emerita Banuelos, LCSW

Donna Brown, CADC II
Liane Carlsen
Irene Davis
Theresa Dove
Ines Duenas
Beverly Griffith

Louise McCoy
Tom Metcalf, LCSW
Pamela Morasch
William Montero
Wanda Short, LPT
Maggie Walker

The following Committee Members were present:

Welcome/Introductions: Committee attendees introduced themselves after being welcomed by Laura DiBartolo, co-chair.

Approval of Minutes
The meeting minutes of April 26, 2005 were approved with two name spelling corrections: Ray Monroe and Ines.

Agenda Item 1 Welcome & Introductions
Laura welcomed everyone and each committee member introduced themselves.

Agenda Item 2: Recovery and Resiliency Training
A video training presentation entitled: “Pathways to Wellness” was viewed. The video, which described the meaning of wellness and recovery, was well received and generated a lively conversation. Some committee members would like to share this video during their focus groups.
Laura explained concepts of recovery and resiliency and the significance in mental health treatment. The committee was informed that per the DMH’s Draft Program and Expenditure Plan Requirements Wellness/Recovery/Resiliency is one of the five fundamental concepts inherent in the Mental Health Services Act that must be embedded and continuously addressed throughout the Community Support Services plans submitted by the counties. The other elements are:

- Community collaboration
- Cultural competence
- Client/family driven mental health system for older adults, adults and transition age youth and children
- Integrated service experience for clients and their families throughout their interactions with the mental health system.

Other Training:

- Ines will follow-up with Pat Evans to see if committee members can attend the Cultural Competence Training that U.C. Davis conducts for Social Services. Ines will report to the committee next time.
- Maggie shared that Carol Ford and Michelle (last name not mentioned) has offered to come to Sutter-Yuba and conduct training.
- Maggie and William shared that they had attended the DMH Statewide Stakeholder meetings in Sacramento. Laura invited other committee members to attend these on-going meetings. The following DMH website: [http://www.dmh.ca.gov/mhsa/](http://www.dmh.ca.gov/mhsa/) lists the latest information and there is a link to the stakeholder meetings on the right had side of the screen.

Agenda Item 3: Survey Update – Draft copy (Handout)
A draft copy of the MHSA Survey was handed out for committee input. Committee members suggested adding check boxes with some services to make it easier to obtain feedback. Laura asked members to take some time to review the survey and send additional feedback to Beverly Griffith (530) 822-7200 ext. 2292 or by email bgriffith@co.sutter.ca.us.

Agenda Item 4: Cultural Competence Mental Health Services Act Fact Sheet – Spanish Version (Handout)
A copy of the Mental Health Services Fact sheet translated into Spanish was distributed. Beverly explained that Spanish is a threshold language for Sutter and Yuba Counties. “Threshold Language” means a language that has been identified as the primary language, as indicated on the Medi-Cal Eligibility Data system (MEDS), of 3,000 beneficiaries or five percent of the beneficiary population, whichever is lower, in an identified geographical area. This informational handout can be used to help inform the Spanish speaking community about the MHSA.
Agenda Item 5: Community Services and Supports – Identification, Analyses and Assessment (Handout). This handout was given to committee members to review.

Agenda Item 6: Focus Groups/Survey Events
The committee gave updates about their progress to contact people in the community in order to conduct focus groups. This agenda item will be continued at the next meeting.

Agenda Item 7: Meeting Schedule/Place
Meetings will be held the 1st and 3rd Wednesday of the month from 1 p.m. to 3 p.m. The next three meetings will be held at the Sutter-Yuba Mental Health Services (SYMHS) facility, 1965 Live Oak Blvd., Yuba City, CA 95991 in the Valley Oaks Conference Room.  **Meeting Schedule:** May 17, 2005, June 7, 2005, June 21, 2005

Agenda Item 8: Next meeting Agenda Items
- Overview of Mental Health Adult Outpatient Services
- Update on Focus Groups

Public Comment - None

Respectfully submitted,

Beverly Griffith