

# Lactation Support

Are you a soon to be mom who has questions about breastfeeding or a new mom who would like help establishing your milk supply?

Are you a medical provider who cares for pregnant women who want to prepare to breastfeed or a medical provider who cares for newborns who have problems with latching during breastfeeding?



**Individualized breastfeeding education and support is available to all Sutter County residents!**

Support with tips and problem-solving is given on the phone or in the home by Registered Nurses certified in lactation education. Services are free and there are no qualification guidelines.

**Parents don't have to do this alone!**

Call the Maternal Child Adolescent Health Program at the Sutter County Public Health Department to request breastfeeding support and find out what other services are available to support parents and children:

**Sutter County Public Health (530)822-7215**

**We want all Sutter County moms to succeed in their breastfeeding goals!**



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