



Press Release

~~Embargoed Until 1:00 PM ET~~

Contact: [CDC Media Relations](#)

~~Tuesday, January 5, 2016~~

(404) 639-3286

E-cigarette ads reach nearly 7 in 10 middle and high-school students

More than 18 million youth see e-cigarette ads; many ads use themes from cigarette ads that appeal to youth

About 7 in 10 middle and high school students – more than 18 million young people – see e-cigarette advertising in stores, online, in newspapers and magazines, or on television and in movies, according to a new CDC [Vital Signs](#) report.

E-cigarette ads use many of the same themes – independence, rebellion, and sex – used to sell cigarettes and other conventional tobacco products. Advertising of tobacco products has been shown to cause youth to start using those products. The unrestricted marketing of e-cigarettes and dramatic increases in their use by youth could reverse decades of progress in preventing tobacco use among youth.

“The same advertising tactics the tobacco industry used years ago to get kids addicted to nicotine are now being used to entice a new generation of young people to use e-cigarettes,” said CDC Director Tom Frieden, M.D., M.P.H. “I hope all can agree that kids should not use e-cigarettes.”

Data from the 2014 National Youth Tobacco Survey (NYTS) show 68.9 percent of middle and high school students see e-cigarettes ads from one or more media sources. More youth see e-cigarette ads in retail stores (54.8 percent) than online (39.8 percent), in TV/movies (36.5 percent), or in newspapers and magazines (30.4 percent).

E-cigarettes typically deliver nicotine, which at a young age may cause lasting harm to brain development, promote addiction, and lead to sustained tobacco use. In 2014, e-cigarettes became the most commonly used tobacco product among youth, surpassing conventional cigarettes. During 2011 to 2014, current e-cigarette use among high school students soared from 1.5 percent to 13.4 percent, and among middle school students from 0.6 percent to 3.9 percent. Spending on e-cigarette advertising rose from \$6.4 million in 2011 to an estimated \$115 million in 2014.

Strategies to reduce youth access to e-cigarettes could include:

- Limiting tobacco product sales to facilities that never admit youth,
- Restricting the number of stores that sell tobacco and how close they can be to schools,
- Requiring that e-cigarettes be sold only through face-to-face transactions, not on the Internet, and
- Requiring age verification to enter e-cigarette vendor’s websites, make purchases, and accept deliveries of e-cigarettes.



**DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION**

SAFER • HEALTHIER • PEOPLE™



“States and communities can also help reduce youth tobacco use by funding tobacco prevention and control programs that address the diversity of tobacco products available on the market, including e-cigarettes,” said Corinne Graffunder, Dr.P.H., director of CDC’s Office on Smoking and Health. “We know what works to effectively reduce youth tobacco use. If we were to fully invest in these proven strategies, we could significantly reduce the staggering toll that tobacco takes on our families and communities.”

Other key findings in the Vital Signs report show that:

- More than half of high school students (8.3 million) saw e-cigarette ads in retail stores, and more than 6 million saw them on the Internet.
- More than half of middle school students (6 million) saw e-cigarettes ads in retail stores, and more than 4 million saw them on the Internet.
- About 15 percent of all students (4.1 million) saw e-cigarette ads from all four sources: retail stores, the Internet, TV/movies, and magazines/newspapers.

The 2009 Family Smoking Prevention and Tobacco Control Act gave the Food and Drug Administration (FDA) authority to regulate the manufacture, marketing, and sale of certain tobacco products. FDA has announced its intention to regulate e-cigarettes and other currently unregulated tobacco products as part of this Act. The rulemaking is currently under review at the Office of Management and Budget.

Vital Signs is a report that appears on the first Tuesday of the month as part of the CDC journal Morbidity and Mortality Weekly Report. The report provides the latest data and information on key health indicators. These include cancer prevention, obesity, tobacco use, motor vehicle passenger safety, prescription drug overdose, HIV/AIDS, alcohol use, health care-associated infections, cardiovascular health, teen pregnancy, food safety, and viral hepatitis.

###

[U.S. Department of Health and Human Services](#)

[CDC works 24/7](#) protecting America’s health, safety and security. Whether diseases start at home or abroad, are curable or preventable, chronic or acute, stem from human error or deliberate attack, CDC is committed to respond to America’s most pressing health challenges.

Preventive health care can help Americans stay healthier throughout their lives. Those enrolled in health insurance coverage can use the “Roadmap to Better Care and a Healthier You” ([English](#) and [Spanish](#)) to learn about their benefits, including how to connect to primary care and the preventive services that are right for them, so that they can live a long and healthy life.



**DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION**

SAFER • HEALTHIER • PEOPLE™