



## HAVE A PLAN.

- ✓ Start a conversation with your family members or caretakers about what to do in case of an emergency.
- ✓ Consider the specific needs of each family member, such as dietary restrictions, medicine, assistive devices, pets and service animals, children, older adults, etc.
- ✓ Complete an emergency plan with your family that includes:
  - Emergency phone numbers (family members, doctors, vets, etc.)
  - Out-of-the-area point of contact for the family in case evacuation is necessary
  - Transportation resources that you and your family could use; include how you would evacuate from the county
  - Medication lists, health condition records, medical supplies and/or equipment
  - Mapped out escape routes for the home (and your community)
  - Meeting places near and outside of the neighborhood
  - Places to go to if you can't stay home (friend/family's homes, hotel, etc.)
  - Additional items to consider, if applicable:
    - Pets and service animals: emergency contacts, medical records, a place to go if they can't stay home
    - Caretaker: who to contact if your primary caretaker isn't available
- ✓ Be sure to practice your emergency plan before an actual emergency occurs!

## MAKE A KIT.

- ✓ Consider making emergency kits for the workplace, car, home and on-the-go.
  - *See Sample List of Supplies – 9 Steps to Ready Flyer*
- ✓ Pack items in easy-to-carry containers with clear labels, and store them in easy-to-reach places.
- ✓ Include important documents! This can be stored electronically on a flash drive or cloud.
  - Examples: vital records, insurance policies, property records, medical information, financial records
- ✓ Don't forget charging cords for your electronic and medical devices and/or equipment.
- ✓ Remember, certain items like medications and paper documents need to be kept in waterproof containers.
- ✓ Check expiration dates on food, water, medicine, first aid supplies and batteries every six months.  
Replace any expired items.

## BE INFORMED.

- ✓ Find out where your gas, electric and water shut-off locations are and how to turn them off.
- ✓ Learn about the potential natural and/or man-made dangers or obstacles in and around your home, neighborhood and community.
- ✓ Sign up for emergency notification alerts for where you live, work and play. You can sign up for more than one!
  - For more information and to sign up, visit [BePreparedYuba.org](https://BePreparedYuba.org) or [BePreparedSutter.org](https://BePreparedSutter.org)