



# 9 STEPS TO READY

## YOU CAN DO THIS!

To help you evacuate or shelter-in-place\* in the event of an emergency, collect enough of these nine essential items to last at least three days:

\*Shelter-in-place: To remain inside a building or vehicle.

### 1 WATER



One gallon per person, per day.

### 2 FOOD



Enough non-perishable foods for each person (canned or packaged).

### 3 CLOTHES



One change of clothes and shoes, per person. Other items depending on weather conditions: rain jacket, gloves, hat, scarf.

### 4 HEALTH SUPPLIES



Prescription and other medications. Medical supplies and other equipment, including syringes, hearing aid, oxygen tank, inhaler or concentrator.

### 5 PERSONAL CARE



Basic items like soap, toothbrush, toothpaste, toilet paper, tissue, hand sanitizer, baby wipes and glasses or contact lenses.

### 6 SAFETY SUPPLIES



A first aid kit, emergency blanket, whistle, plastic trash bags, paper towels and household bleach (to sterilize items as needed).

### 7 ELECTRONICS



Cell phone with charger or portable battery, chargers for other electronics, extra batteries, flashlight and radio. Other items: laptop, tablet, hard drive back-up.

### 8 TOOLS



Extra cash, spare sets of keys, manual can opener, local maps and multipurpose tool (acts as a knife, pliers and screwdriver).

### 9 DOCUMENTS



Copies of emergency contacts, photo IDs, SSN, insurance and immunization cards, insurance policies, financial records, property records, vital medical information and other important documents (wills, trusts, deeds, certificates).

#### \*Other Items to Consider:

- Additional emergency kits to keep in common places (home, car, workplace, on-the-go)
- Full tank of gas for vehicles (recommended to fill-up at half tank of gas)
- Baby supplies (bottles, formula, baby food, toys, blankets and diapers)
- Games and activities for children
- Pet supplies (food and water, leash, carrier, medicine and medical records, a photo of your pet, bowls, litter box, grooming items and toys)