



*Come join the Sutter County Health Department in*



## *Celebrating Dental Health Month!*

The Sutter County Dental Disease Prevention Program "Make It Sparkle" is celebrating by holding a dental fair. Come join us on...

**Date:** Thursday, February 22<sup>nd</sup>

**Time:** 3:00-6:00 PM

**Location:** Sutter County Health Department-Auditorium,  
1445 Veterans Memorial Circle, Yuba City

**Activities and games for kids**

**Parent information**

**Free dental screenings**

**Free raffle every 30 minutes**



### **Tips to help your child have a successful trip to the Dentist!**

To make it easier for your child, try these words:  
The dentist is a doctor for your mouth.  
He/she has a big chair that goes up and down.

Other helpful tips...

Show your child pictures of dentists or have fun role-playing, acting like you or your child are the dentist.  
Choose one of their toys to take along.

If there is dental work to be done, try these words:

He/she can fix that tooth. Then it will feel better.  
He/she has medicine to make your mouth feel sleepy.  
I will be there waiting for you.

Do **NOT** use these words:

Don't be a baby!  
It won't hurt...  
If you don't behave the dentist will hurt you!  
I don't like the dentist either.

**To make the visit smoother for you and your child:**

- Be on time or early.
- Brush your child's teeth and wash their face.
- Bring just the child who has the appointment.
- Bring paperwork...insurance card, money for payment, etc.
- Understand that your child may need more than one appointment